

Trinity United Methodist Church
Sunday after Easter Worship, April 19, 2020

Welcome
Hymn

Rev. Dan Elmore

Christ is Risen

1: Christ is risen! Shout Hosanna! Celebrate this day of days.
Christ is risen! Hush in wonder; all creation is amazed.
In the desert all surrounding, see, a spreading tree has grown.
Healing leaves of grace abounding bring a taste of love unknown.

2: Christ is risen! Raise your spirits from the caverns of despair.
Walk with gladness in the morning. See what love can do and dare.
Drink the wine of resurrection, not a servant, but a friend;
Jesus is our strong companion. Joy and peace shall never end.

Children's Time
Announcements

Nancy Griffin

- Calling all trinity High School Graduates! Now is the time to apply for your Trinity UMC Scholarship! Apply at <https://www.mytrinity.org/tumc-scholarships/> by the May 16, 2020 deadline.
- Make sure you're signed up for TMail by visiting our website, [mytrinity.org](https://www.mytrinity.org)

Prayer

Almighty God: Father, Son and Holy Spirit, We thank you for your blessings, past, present and future. You are our rock and the source of our hope in all things and at all times. As Jehovah Jireh, our provider God, we ask you this day to stretch out your mighty hand and eradicate from the face of the earth forever this virus called COVID-19 that is spreading rapidly from continent to continent.

We also pray that you, Jehovah Rapha, our healing God, would place your hand upon all of those who have been stricken by this virus and restore them to full health. Be with those who have lost loved ones and are grieving. Protect all who are caring for those with this virus and keep them from contracting it themselves.

Calm our fears and provide us with your peace that surpasses all understanding. Strengthen us with the joy of the Lord and help us to hold firmly to the hope that only you can provide. Unify us that we, the Virginia Annual Conference, may be able to experience anew the promise of your presence in and through the unity of our faith, hope and trust in you in the days ahead and forever. We offer this prayer in the mighty name of our Lord, Jesus Christ. Amen.

Lord's Prayer

Our Father, which art in heaven, Hallowed be thy Name. Thy Kingdom come. Thy will be done in earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, The power, and the glory, For ever and ever. Amen.

Special Music

Brandon Fry

Scripture

Luke 22 39-46 NIV

39 Jesus went out as usual to the Mount of Olives, and his disciples followed him. 40 On reaching the place, he said to them, “Pray that you will not fall into temptation.” 41 He withdrew about a stone’s throw beyond them, knelt down and prayed, 42 “Father, if you are willing, take this cup from me; yet not my will, but yours be done.” 43 An angel from heaven appeared to him and strengthened him. 44 And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.

45 When he rose from prayer and went back to the disciples, he found them asleep, exhausted from sorrow. 46 “Why are you sleeping?” he asked them. “Get up and pray so that you will not fall into temptation.”

Sermon

“What is Anxiety?”

Rev. Dan Elmore

Hymn

Precious Lord Take My Hand

- 1: Precious Lord, take my hand, lead me on, let me stand
I am tired, I’m weak, I am worn
Through the storm, through the night, lead me on to the light.
Take my hand, precious Lord, lead me home.
- 2: When my way grows drear, precious Lord, linger near
When my life is almost gone
Hear my cry, hear my call, hold my hand lest I fall
Take my hand, previous Lord, lead me home.
3. When the darkness appears and the night draws near,
And the day is past and gone,
At the river I stand, guide my feet, hold my hand
Take my hand, previous Lord, lead me home.

Questions for family/household discussion... discipleship happens in the home!

1. Have you ever had a panic/anxiety attack, or been with someone when they had one? What was that like for you?
2. Do the descriptions of anxiety sound like something you experience? What’s the next step you need to do toward wholeness?
3. Google scripture passages about anxiety. Work on committing Psalm 56:3 and others to memory, and say them out loud when you feel especially anxious.
4. Essential spiritual disciplines are prayer, scripture reading, worship, and serving others. Pick one in which you might endeavor to improve, and work on it this week with the Lord’s help.